9/27/2018 Print Menus

# **October** 2018

### Allamuchy Township School

Lunch Price List Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** 

### 1

- Turkey Corn Dog Nuggets Emoji Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

### 2

- Grilled Ham & Cheese Melt on a Croissant
- Hash Brown Rounds Assorted Fresh or Chilled •
- Milk Variety

### 3

- Pasta Day with Meat
- Sauce Garlic Breadstick Spring Mix Salad
- Assorted Fresh or Chilled •
- Milk Variety

Chicken Fries

4

- Dinner Roll Mashed Potatoes w/ Gravy
- Steamed Corn Assorted Fresh or Chilled

### Milk Variety

### 5

12

19

26

- Bellas NY Style Pizza
- Caesar Salad
- Assorted Fresh or Chilled
- Milk Variety



Ioin our team!

Lunch







- Hamburger on a Bun or
- Tater Tots
- Milk Variety

## 10

- Waffles Cheeseburger on a Bun Breakfast Sausages
- Hash Browns Assorted Fresh or Chilled . Assorted Fresh or Chilled . Fruit Fruit

- Popcorn Chicken
- Dinner Roll Steamed Carrots Assorted Fresh or Chilled •

18

25

11

- Fruit Milk Variety
  - Milk Variety
- Whole Wheat French Bread Pizza Italian House Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

### Columbus day

### 15 16

- \_ holiday
- Chicken Fries Dinner Roll
- Steamed Corn
- Milk Variety

- Cheeseburger on a Bun
- Tater Tots Assorted Fresh or Chilled •
- Fruit
- Assorted Fresh or Chilled . Milk Variety

23

### Macaroni & Cheese Soft Pretzel Stick Steamed Broccoli

17

- Fruit
- Assorted Fresh or Chilled Milk Variety
- French Toast Sticks Breakfast Sausage Hash Brown Rounds Assorted Fresh or Chilled
  - Fruit

Breakfast for Lunch

- Bellas NY Style Pizza
- Freshly Prepared Caesar Salad
- Assorted Fresh or Chilled Fruit

Stuffed Crust Pizza

Freshly Prepared Salad

- Milk Variety
- Milk Variety

### 22

### Chicken Nuggets

- Confetti Rice

- Green Beans

### Milk Variety

- Assorted Fresh or Chilled Fruit

## Twin Tacos with Taco

- Meat Shredded Cheddar Cheese , Lettuce & Tomatoes and Salsa
- Steamed Rice Steamed Corn
- Assorted Fresh or Chilled Fruit

Milk Variety

# 24

- Waffles **Breakfast Sausages**
- Hash Brown Rounds Assorted Fresh or Chilled •
  - Fruit Milk Variety

### Pasta with Meatballs & Marinara Sauce

- Garlic Breadstick Assorted Fresh or Chilled Freshly Prepared Spring Mix Salad Milk Variety
- Assorted Fresh or Chilled Fruit
- Milk Variety

# 29

- Lucky Tray Day
- Crispy Chicken Sandwich Green Beans
- Assorted Fresh or Chilled Milk Variety

## 30

- All-Natural Beef Hot Dog
- on a Bun
- Oven Baked French Fries Breakfast Sausages Assorted Fresh or Chilled •
- Milk Variety

## 31

- Breakfast for Lunch Pancakes (2)
- Hash Brown Rounds Assorted Fresh or Chilled
- · Milk Variety

Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun, Crispy Chicken Salad, Bagel Bag, Muffin Meal, Cereal Meal

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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